



**KEEP
DISTANCE**
IT'S THE LAW
**FOUR
FEET**



SHARE the ROAD
IT'S ROAD SAFETY, NOT ROCKET SCIENCE

Tips for Motorists

STAY ALERT

Bicycles are legal vehicles in Pennsylvania and are subject to the same rules as cars

GIVE SOME ROOM

When passing a bike, give at least four feet of space – It's the law!

TAKE A LOOK

Check for bikes before turning or opening your car door

LAY OFF THE HORN

Don't honk at a bicyclist unless they are in immediate danger

PAY ATTENTION

Texting and emailing is against the law – and downright dangerous!

Tips for Bicyclists

OBEY THE LAW

A bicycle is a legal vehicle with the same rights and responsibilities as a motor vehicle.

RIDE ON THE RIGHT

But if the road is too narrow for cars to safely pass or when there are hazards, ride in the center of the rightmost lane.

Never ride against traffic.

BE PREDICTABLE

Don't weave in and out of traffic. Signal when possible.

STAY VISIBLE

Use a front light and rear reflector in low light and bright clothing all the time.



To find out more about bicycling in Chester County go to: wcluber.org/ShareTheRoad

"BEFORE YOU RIDE" CHECKLIST

Helmet Fit

Eyes: Your helmet should sit level and cover your forehead. Look up and you should see the brim of the helmet.



Straps: The straps should come to a "V" directly under your ear with sliders locked in place.



Mouth: Tighten the chin strap. Open your mouth. If the helmet is tight enough, you will feel the helmet pull down slightly.



Locking Basics

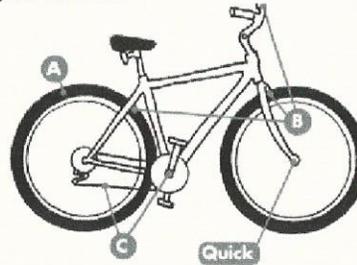
Your lock should secure the front and rear wheels and the frame to the rack. If one lock won't do you can use a U-Lock to secure the frame and rear wheel to the rack and a cable lock or cable loop to secure the front wheel.

Alternatively, you can remove your front wheel and lock the frame and wheels to the rack.



ABC QUICK CHECK

Before you ride.....



A is for air: Inflate tires to pressure rating on the sidewall of tire and check for damage.

B is for brakes: Applied brakes should stop a spinning wheel and leave 1 inch space between lever and handlebar.

C is for cranks, chain & cassette: Ensure your crank bolts are not loose and check that your chain is clean, lubed and runs smoothly.

Quick is for quick release: The quick release levers on wheels and saddles should curve to the frame of the bike and leave a slight mark on your hand when tightened properly.

Check is for check over: Inspect your bike for any cracks, major dents or strange sounds. Tighten any loose objects. If you are unsure about anything, visit your local bike shop

RIDE SAFELY!

- Wear your helmet at all times!
- Obey traffic signals
- Signal turns when possible
- Ride predictably. Keep a straight line.
- Wear bright colors. Add a blinking rear light. A front white light is required at night.
- Right 3' from the right edge of the road if it is safe to do so. You have the right to move toward the center of the lane if the side of the road is unsafe or if cars can't pass at a safe distance

For more information: wcbiuer.org/ShareTheRoad